



Move for the Planet

A little move for you...
A big movement for our environment!

Walking, running, cycling... Which sustainability project are you going to support?

- reforestation & flowering meadows
- swamp-renaturalization
- CO2-efficient stoves



Move
CLASSIC
1. - 31. May



www.lions.de/move



move@lions.de



Get moving for more sustainability!

We get moving! Moving and doing something good at the same time? It's now possible with Move for the Planet! By taking part in our charity run your own health and the environment will benefit at the same time.

Who can participate? Everyone is called upon to get moving - without competition! The point is for as many people as possible to join in and set an example. Alone or together, as a team with the school class, with your colleagues at work or as an institution.

How can I participate? The distance and the type of exercise can be freely chosen. We recommend 500 metres swimming, 1 km wheelchair ride, 5 km jogging, 10 km walking or 20 km cycling. At a freely chosen location within

the Move-period from 1st of May to the 31st of May every year.

Where to register for Move CLASSIC?

Registration will open on April 1st every year under www.lions.de/move.

How much can I donate? We

recommend a donation of 10€ per adult and 5€ per Leo or child. Additional donations can be made during the registration process or at stiftung.lions.de/donate! They will help increase the project scope and are gladly accepted.

What happens with my donation?

Participants decide for themselves which of two national and one international environmental projects their donation will go to.

About us:

Alongside our youth organisation LEODEUTSCHLAND, the approximately 51.000 members of Lions Germany are committed to social and community-oriented projects. We are part of one of the largest service organisations with around 1.4 million members worldwide. The Foundation of the German Lions bundles the charitable activities of the German Lions and is the organiser of Move for the Planet CLASSIC.



Lions Deutschland
Stiftung der Deutschen Lions

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