



Move for the Planet

A little move for you...
A big movement for our environment!

Walking, running, cycling...
Decide yourself how you support
our sustainability projects!

1. April - 31. May
2023





We get moving for more sustainability!

We get moving! Moving and doing good at the same time? It's possible with Move for the Planet! Participating in the charity run benefits your own health and the environment at the same time.

Who can participate? Everyone is called to move - without competition! The point is that as many people as possible together set an example. Alone or together, as a team with the school class, the sports club or an institution.

How can I participate? The route and the type of movement can be freely chosen. We recommend swimming 500 metres, a 1 km wheelchair ride, jogging 5 km, walking 10 km or cycling 20 km. At a freely chosen location

About us:

Alongside our youth organisation LEODEUTSCHLAND, the approximately 52 000 members of Lions Germany are committed to social and community-oriented projects. We are part of one of the largest service organisations with around 1.4 million members worldwide. The Foundation of the German Lions bundles the charitable activities of the German Lions and is the organiser of Move for the Planet.

within the Move-period from 1st of April to the 31st of May 2023.

Where can I register? Registration will open at the 1st of April 2023 on our website www.lions.de/move.

How much can I donate? With the participation fee of 10 €, reduced for children, youths and Leos to 5 € (plus small transaction costs), everyone who takes part makes a donation. Additional donations can be made at stiftung.lions.de/donate!

What happens with my participation fee? Participants decide for themselves to which of the Move environmental projects their own contribution will go to.



Lions Deutschland
Stiftung der Deutschen Lions

Stiftung der Deutschen Lions
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[move_for_the_planet](https://www.instagram.com/move_for_the_planet)



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